

# Safeguarding - Policy for the Protection of Children and Vulnerable Adults

## Easy Read Version

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<b>Date:</b> Thursday 27 <sup>th</sup> March 2014	<b>Date:</b> Wednesday 22 <sup>nd</sup> November 2017	<b>Date:</b>	<b>Date:</b>

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## **Purpose**

This booklet is about children and 'at risk' adult abuse. What can do if you are worried that you or someone you know may be at risk of being abused?

Every child and adult has a right to live in a safe place away from abuse.

Tower Hamlets College is working to make life safer for people who are most at risk of being abused.

## **What is Safeguarding?**

Safeguarding means making sure you are safe from abuse and neglect. Safeguarding helps you to be independent and make your own choices.

An at risk adult is someone who can be easily hurt or abused. A vulnerable adult cannot fully protect themselves.

If an at risk adult is harmed and cannot fully protect themselves we call this 'adult abuse'.

## **What is abuse?**

Abuse is when someone does or says something to you that you don't like and makes you feel upset or frightened.

You may be too scared to speak out or stop them.

**Abuse is always wrong.**

There are different types of abuse:

- Physical Abuse
- Sexual Abuse
- Emotional Abuse
- Financial Abuse
- Neglect
- Discriminatory Abuse
- Verbal Abuse
- Radicalisation and Extremism

## What is Physical Abuse?

This is when someone hurts your body.

It could be:

- Hitting
- Slapping
- Kicking
- Biting
- Burning
- Pulling hair
- Pinching
- Shaking
- Giving someone too much medicine



## What is Sexual Abuse?

This is when someone touches your private parts when you don't want them to touch you.

Or when someone makes you touch their private parts when you don't want to touch them.

Or when someone makes you kiss them when you don't want to kiss them.

Or when someone makes you have sex when you don't want to have sex with them.

Or when someone makes you send them pictures of your body when you don't want to.

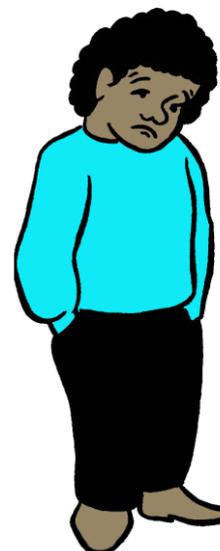


## What is Emotional Abuse?

This is when people say or talk to you in a bad way which hurts your feelings or scares you.

Someone might:

- call you names
- laugh at you
- blame you for things that you have not done
- treat you like a child
- or they might ignore you



**Abuse is always wrong.**

## What is Financial Abuse?

This is when people take your money or belongings without asking.

Someone might:

- steal your money
- use your money to pay for other people's things
- not ask you about how you want your money spent



## What is Neglect?

This is when you are not being looked after properly.

Neglect can be:

- feeling cold a lot of the time
- feeling hungry a lot of the time
- having only dirty clothes to wear
- being put in danger
- not being given medicine
- being given the wrong medicine
- not being taken to the doctors if you are ill



## What is Discriminatory Abuse?

This is when people say or do bad things to you because you are different.

Discriminatory abuse could be because:

- of your race
- you have a religion or belief or no religion or belief
- you have a disability or learning difficulty
- of your sexual orientation
- of your age
- you are a woman or man
- of a gender reassignment
- of your marital status
- of pregnancy/maternity

**Abuse is always wrong.**

## What is Verbal Abuse?

This is when people say or write bad things to or about you.

Verbal Abuse can be:

- swearing at you
- saying unkind or hurtful things to you
- calling you hurtful names
- writing unkind or hurtful things about or to you

**Abuse is always wrong.**

## What is Radicalisation and Extremism?

This is when people try to make you believe something and want to hurt other people.

Radicalisation and Extremism can be:

- believing in violent causes
- having violent videos or magazines
- visiting violent websites
- listening to people who believe in violence
- belonging to a banned organisation
- helping terrorists or violent people
- being or planning to be involved in violence



PREVENT is part of the UK's counter terrorism strategy, preventing people from becoming involved in terrorism or supporting terrorism.

## Who might abuse you?

Anyone could abuse you. It might be a stranger. It might be someone you know for example:



Carer



Family member



Teacher

## Where might abuse happen?

Abuse can happen anywhere and at any time.

- At home
- At a day centre
- At college
- In a hospital
- At work
- At a club

## What can you do and who can you tell?

Abuse is always wrong and should not happen.

If these things happen to you or someone you know, you should tell someone you trust as soon as you can.



your teacher



the Police



Staff who support you



a Social Worker



a friend/family/carer



your manager



a nurse/doctor

## Who can you talk to in college?

Tower Hamlets College has 5 **Safeguarding Officers**:

**Name:** Christina Ajagbe  
**Tel:** 0207 510 7655  
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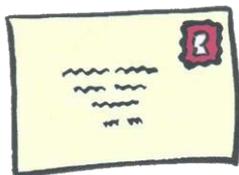
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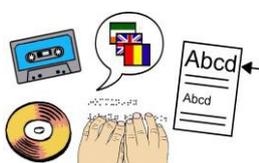
## Contact Details



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**Please call us if you would like this information in a different format.**

## Review

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### Equality Impact Assessment:

Completed:            Y / N ....    Date: .....    Signed: .....    Name: .....

### Additional Information:

### Reference Associated Procedures:

**This is the policy statement of Tower Hamlets College the overall responsibility for the policy is that of:**

**Signed**

**Name:**

**Date:**